

EMBODIED EXISTENCE

NOV 28TH - DEC 4TH

# ASHTANGA IMMERSION



KOH SAMUI, THAILAND



**PROGRESSION BECOMES A  
CONSEQUENCE RATHER THAN AN  
OBJECTIVE**

**THE PRACTICE**

**A WEEK DEVOTED**

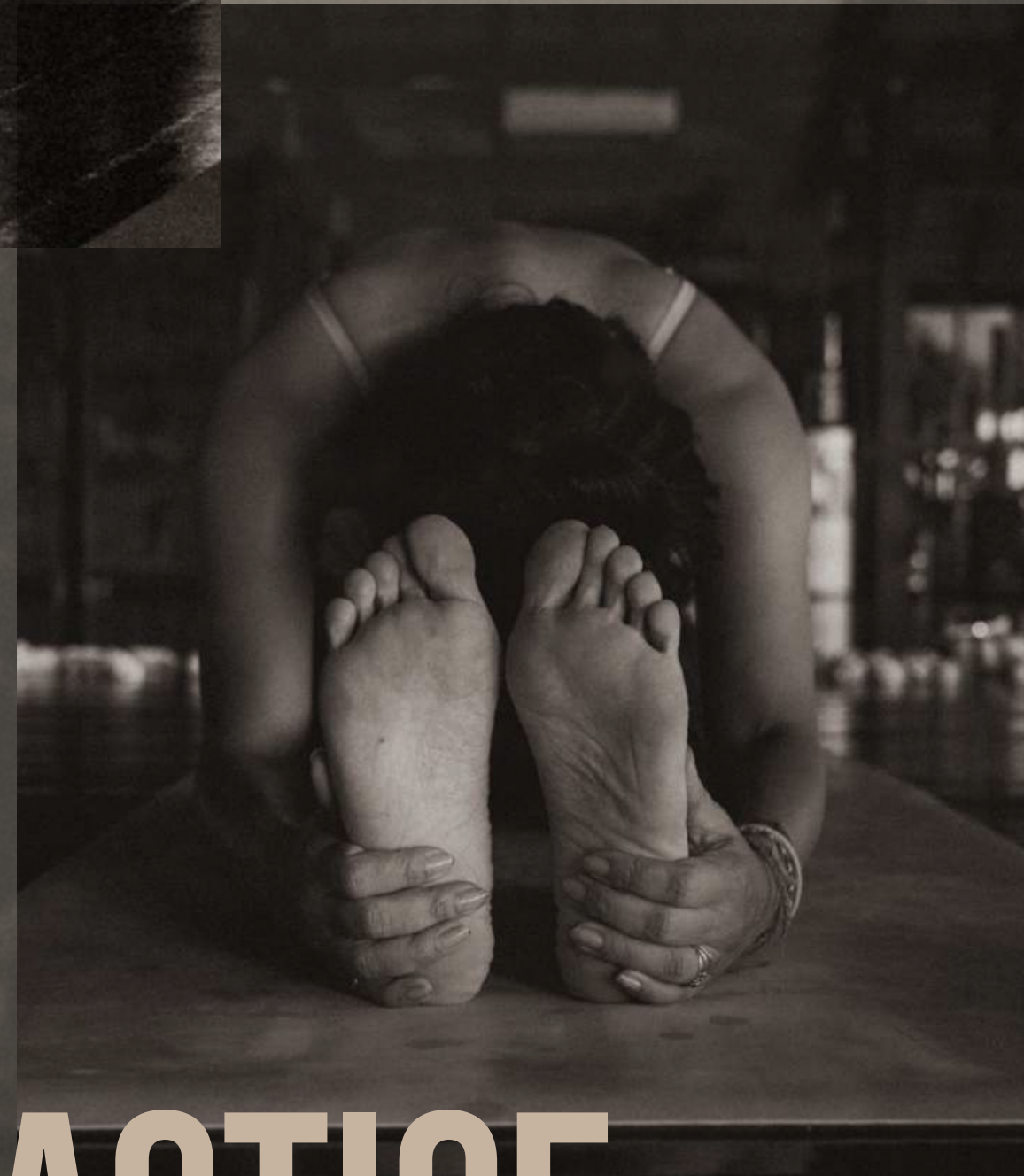


led primary



prāṇāyāma

mysore



PRECISION IN PRACTICE ≠  
FREEDOM IN EXPLORATION



bandha theory

āsana lab





attune

wander



replenish

integrate



# EXIST IN BETWEEN

rest

repeat





A SHAPE IS

TOO SMALL

TO

IDENTIFY YOURSELF

WITH

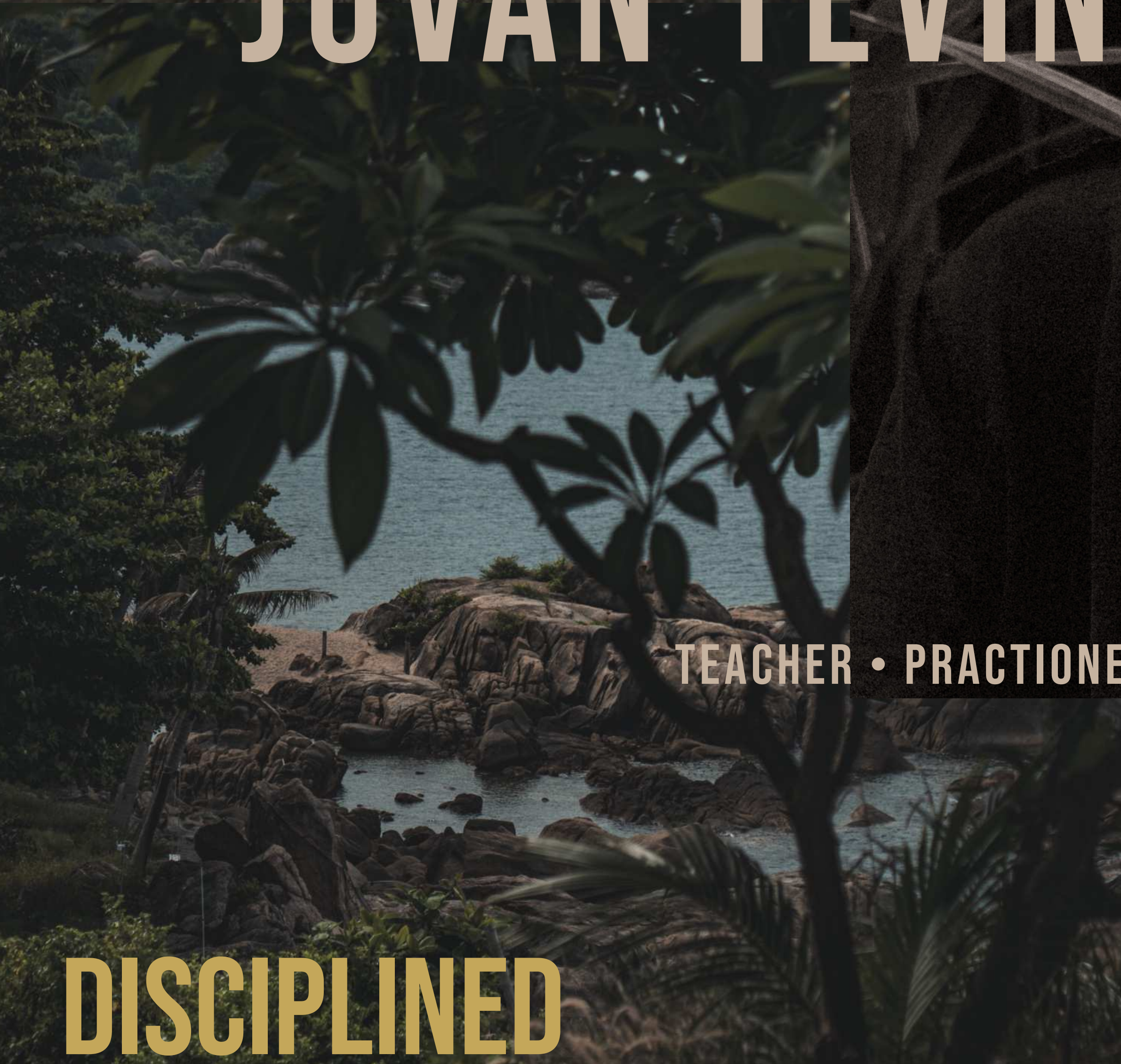


LED BY

JOVAN TEVIN

TEACHER • PRACTITIONER • ARTIST

DISCIPLINED  
BUT SKEPTICAL  
ABOUT  
RIGIDITY





9°28'36" N  
100°04'04" E



LOTUS PADS



EAST  
FACING  
HILLSIDE



YOGA CAVES



ALL INCLUSIVE



# INVESTMENT + ACCOMMODATION

ALL PACKAGES INCLUDE ACCOMMODATIONS, DAILY MEALS, AND THE FULL TO EXIST EXPERIENCE.



DEPOSIT: \$500

## YOGA CAVE PLUS (PRIVATE) - \$1750

Rest and recenter in a compact yet calming space that combines comfort and simplicity.

- Restful tones and natural materials channel through.
- Rooms with ocean view
- Single bed (single occupancy only)
- Shared bathroom (hot shower)



DEPOSIT: \$500

## LOTUS PAD (PRIVATE) - \$2100

Gaze over the calming waves or nestled in the rejuvenating tropical gardens; these pads offer a serene space.

- Rooms with garden view
- Queen or Twin bed (shared)
- En-suite bathroom (hot shower)
- Private balcony with bean bag

## EARLY BIRD OFFER

save \$100 when you  
book by October 1st

## STAYING ELSEWHERE?

full immersion + daily meals  
\$750 USD / \$250 USD deposit

## PAYMENT PLANS

available upon  
request



# TRAVEL ESSENTIALS

WHETHER YOU'RE FLYING FROM NEAR OR FAR, HERE ARE A FEW DETAILS TO MAKE YOUR JOURNEY SMOOTH:

## FLY INTO:

SAMUI INTERNATIONAL AIRPORT (USM)

## VIKASA YOGA RETREAT ADDRESS:

211 BONTJI MOO 4, KOH SAMUI, SURAT THANI 84310, THAILAND

## ARRIVAL WINDOW:

PLEASE ARRIVE BY 3PM ON NOVEMBER 28TH TO SETTLE IN BEFORE OUR WELCOME SESSION

## DEPARTURE:

CHECK-OUT IS 12PM OF DECEMBER 4TH — WE RECOMMEND LATE-MORNING OR AFTERNOON FLIGHTS

## AIRPORT TRANSFER:

YOUR TRANSPORT FROM SAMUI AIRPORT TO VIKASA IS INCLUDED — WE'LL COORDINATE DETAILS WITH YOU AFTER BOOKING

## VISA:

MOST NATIONALITIES RECEIVE A 30-DAY VISA ON ARRIVAL, BUT WE ENCOURAGE CHECKING

YOUR COUNTRY'S REQUIREMENTS IN ADVANCE

## WHAT TO CONSIDER

COME AS YOU ARE, AND PACK WITH INTENTION:

- Extra practice clothing for multiple sessions throughout the day
- Your own yoga mat, if you prefer your personal setup (Manduka mats are provided at Vikasa)
- Sunscreen and personal care essentials
- Any necessary medications
- Portable chargers or personal tech essentials
- A comfortable outfit for any optional outings or shared moments outside of practice

## COMMUNICATION

SEAMLESS COMMUNICATION BEFORE AND DURING THE RETREAT

- Please download WhatsApp if you haven't already
- I'll be creating a group chat closer to our start date for updates, arrivals, and shared energy
- If you need to reach me directly, do not hesitate, my WhatsApp number is: +66 098 553 1709



# YOUR BOOKING + RETREAT AGREEMENT

THIS AGREEMENT OUTLINES THE TERMS AND CONDITIONS RELATED TO YOUR BOOKING.

## 1. PAYMENT & DEPOSIT

- A \$500 USD non-refundable deposit is required to reserve your spot.
- The remaining balance is due no later than 30 days prior to retreat start date (October 1, 2026).
- Payments can be made via credit card, PayPal, or cash (in Thai Baht) if arranged in advance.

## 2. CANCELLATION POLICY

- Deposits are non-refundable under any circumstances.
- If cancellation occurs more than 30 days prior to the retreat, your balance (minus the deposit) may be refunded.
- If cancellation occurs within 30 days, no refunds will be issued.
- In case of personal emergencies or force majeure, options may be reviewed on a case-by-case basis.

## 3. TRANSFERS

- You may transfer your booking to another person up to 14 days before the retreat, with written approval.

## 4. TRAVEL & INSURANCE

- Participants are responsible for their own travel arrangements and flight costs.
- We strongly recommend purchasing travel insurance that covers trip cancellation, medical needs, and accidents.

## 5. HEALTH & RESPONSIBILITY

- By booking, you acknowledge you are in suitable physical condition to participate in yoga and retreat activities.
- Please inform us of any injuries, health concerns, or dietary restrictions ahead of time.
- To Exist and its facilitators are not liable for any injury, loss, or damage incurred during the retreat.

## 6. CONDUCT & PARTICIPATION

- This retreat is designed to be a supportive, inclusive, and respectful space.
- We reserve the right to ask a participant to leave if their behavior is harmful or disruptive to the group.

## 7. AGREEMENT

- Your completed booking confirms your agreement to the terms above.



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SAWASDEE KA

/ SA-WAT-DEE KA /

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